



# Lively Stones I PETER 2:5

*Holding forth the word of life*

Issue 5, 2020

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## **Sunday School Senior Department 2020**

*"Whom we preach, warning every man, and teaching every man in all wisdom; that we may present every man perfect in Christ Jesus: Whereunto I also labour, striving according to his working, which worketh in me mightily." Colossians 1:28-29*

This is the theme verse of Senior Department, which is also the Church's theme for 2020. The Senior department caters to young people who are **17-20 years old, and to Young Adults 30 years old and younger**. We have six classes catering to different age groups.

### **Exposition Approach:**

We believe it's so important to study the Word of God together, see the truths, be grounded in it, and be transformed by the Word. This year we will focus heavily on Bible Exposition. We seek to study the books of the Bible deeply together, chapter-by-chapter, verse-by-verse. All six classes are studying the same book, and we are covering at the same pace.

### **Bible Study:**

Jan to Apr: Philippians

May to Jul: James

Aug to Nov: Genesis 1-12

### **Teachers Prep Class:**

To better equip ourselves, the teachers of all classes also gather on every Thursday night over Zoom to prepare by discussing and reviewing the coming week lessons. This is important as we mutually sharpen and encourage one another. For me, these sessions have personally been a great learning.

### **Circuit Breaker Zoom:**

During this period of COVID-19 circuit breaker, thank God for enabling us to continue classes over Zoom. Even though we lost the face-to-face interaction, we continue to reach out to our class each week.

Sunday School Senior Dept 2020					
Class	Age Group	Teachers			Intern Teachers
S1	17 and 18	Solomon Yoong	Shawn Lim	Jamie	
S2	17 and 18	Russell Indran	Chen Wei An	Daniel Wong	Tabitha
S3	19 and 20	Jeremy Yeo	Jonathan Chen	Trudy Lim	
S4	19 and 20	Matthew Sim	Nicholas Lim	Chwee Eng	Min Hui
YASS 1	21 and older	Ernest Kew	Joash	Mark Lim	
YASS 2	21 and older	Daniel Ong	Daniel Tan	Arthur Kadish	

All classes in Beulah Level 4 on non-Circuit Breaker times.

We welcome you to join us in the study of God's Word. Yes, do subscribe to our Telegram channel at <https://t.me/lifesundayschool> and feel free to come contact me at [poonchin@hotmail.com](mailto:poonchin@hotmail.com) or 96268648 if you are interested to attend, need any help, or willing to come serve.

## Testimonies

*"And let us consider one another to provoke unto love and to good works: Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching." Hebrews 10:24-25*

We all face struggles in our Christian journey, but we are reminded that the Lord does not intend for us to walk on this path alone - and even more so during this difficult time. Although we may not be able to meet physically, I thank God for the efforts of our teachers that have allowed us to continue our weekly Bible study sessions over zoom. In Sunday school, as we are allocated to classes based on our age, this creates a comfortable space for us to freely share our struggles - most recently about home based learning - which everyone can relate to, given that we are all going through a similar phase in life.

Recently, with the guidance and insightful sharing from our teachers, we've just completed studying the book of Philippians, with the central theme: a call to radical, heavenly citizenship. The lessons we learnt from Paul's example prompted me to reflect on my own life, particularly the one on contentment regardless of circumstance. I thank God for the opportunity to learn more about Him each week, and pray that others can join as well as we strive to grow in our walk with Him!

(Vanessa Ong, S2)

Thank the Lord for the study of Philippians in Sunday School this year. It has been extremely fulfilling learning about this epistle. A lesson which I took away was from Philippians 3, how it is much more important to be righteous than religious. Outwardly appearing religious is meaningless if inside, we continue living in sin. We must die to our sins and mortify the flesh, and strive towards the excellency of the knowledge of Christ Jesus. What is most important is forging a personal relationship with God, not appearing outwardly religious. Thank God for my Sunday School teachers who did a clear and understandable exposition of the book of Philippians, that I could understand the lessons and apply them into my life. Thank God for Sunday School, where we can learn more about God through the study of His Word.

(Jotham Lim, S2)

## **COVID-19 Chats**

Hope all is well during this time of COVID-19. With the circuit breaker, everyone is now forced to stay at home. Some may be feeling happy with no schools, some may be very bored and frustrated staying at home, some crazy looking at children, others gone mad staring at their family and hearing their naggings, some very lonely, while some may be playing computer games or watching Netflix all day. Without need to go to schools, office, church, and no shopping malls, no movies, no gyms, no beach, no restaurants, no sports, no coffee and cafes, no hangouts, and any outside leisure, etc, what can we do at home?

With this gift of more time at home, we should take this opportunity to get ourselves to spend more time with God, and also our family. Do you think it's God's will to remove all these distraction from us, so that we may idle more? Meditate on God's word, prayer, and reflections on our lives. God does speak to us through the church, but the church is not a building we go to, but a community of believers in Christ Jesus. God's desire for the church is not to be a place for social gathering or to perform religious rituals, but to draw us unto Jesus Christ our Lord. Is God forcing us to slow down from our busy-busy and look up to Him more?

And in these difficult times of e-Church, we should also reinvent new ways to serve our Lord under these new circumstances. Many people may lament on the limitation of e-Church and e-Sunday School on Zoom. Yes, it's sad we are forced to be online and miss the face-to-face fellowships, but can we turn this into an asset?

Being online means we can break the old physical boundaries of time and physical space. Is there a brother you wanted to visit but he is too far and no time? Or overseas? Maybe now a zoom coffee chat visit could be an easier start.

Someone may be isolated in homes, and we can reach out to them. And an overseas brother can join in zoom fellowship meeting or class. Or maybe now we also have more time to attend e-fellowships meetings which we been missing? There are also many good materials in online and books we can read and learn. Go read them!

Now we are locked into our family. Learn to live with our family members. Be nice, be patient, be forgiving. Smile more. Speak with a nicer tone. There is no need to prove you are right, and no need to defend your position. Renew and build new relationship. Everyone will be

happier together.

With the family all in the house, this is also a very good time to start \*Family Worship\* if you have not done so. The family can start with a hymn, then study the Bible together, and discuss how to apply the Word of God to our lives, and close with prayers. This is the teaching of the Bible from Moses to the Epistles, and we would do well to learn.

The Covid-19 circuit breaker may last for a long time. But let's not waste this opportunity to draw closer to God, to family, to fellow brethren, and to serve even wider.

By God's grace,  
Jonathan Tan Poon Chin



Open Sunday



Class S1



Class S2



Class S3



Class S4



## Open Sunday (Circuit Breaker)

